



THE TORCH POST

CATHOLIC CENTRAL SCHOOL
CRUSADER ALUMNI NEWSLETTER
D E C E M B E R 2 0 2 3

Dear Crusader Family and Friends,

Season Greetings!

As we eagerly anticipate the celebration of Christ's birth, we are reminded of the profound impact our Catholic faith has had on our lives and the lives of those in our care.

We are also reminded of the importance of community and the significance of a collective faith. Catholic Central's spiritual tapestry is strengthened through Crusader alumni who serve as a testament to the values of love, compassion, and service that define Catholic education.

Reflecting on the past few months, we are filled with gratitude for the many achievements and milestones Catholic Central School has celebrated. Our students continue to excel in academics, sports, arts, and community service, embodying the values created by Crusader alumni. Their dedication to excellence is a testament to the strong foundation they receive here and the legacy they strive to uphold.

Some highlights from the past few months include:

- *Crusader Volleyball Team Champions of the Lansingburgh Tournament*
- *Family Fall Picnic with Saint Ambrose Parish*
- *Peter Guenette Scholarship established by the Class of 1965*
- *Centennial and Homecoming Weekend 4-Day Celebration*
- *Service events to support Maryknoll Missions, Capital District's Children in Need Christmas Pajamas Initiative, and restocking Saint Ambrose Food Pantry.*

Thank you for your ongoing support and involvement which are a source of inspiration for current students who look up to you as role models. We are grateful for the meaningful connections that endure beyond graduation, fostering the special unity of the Catholic Central School family.

Wishing you and your loved ones a blessed Advent season filled with hope, peace, and the joy of His presence. May the light of faith fill you now and always.

With Christmas joy,

Lily Spera and Richard Harrigan, III
Co-Principals, Catholic Central School

There's something truly transformative about a Catholic education that goes beyond textbooks and classrooms. Nurturing the intellect with the inclusion of spiritual growth and character development provides students with guiding principles that prepare them for a lifetime of decision-making, relationships, and contributions to society. Values-based learning, community, belonging, academic excellence, faith, service, and social justice are hallmarks of an education at Catholic Central School. Through this year's Annual Appeal, "One Campus. One Mission.", we aim to build upon the many areas that make Catholic Central School exceptional, such as ongoing facility improvements, tuition assistance, classroom technology, ongoing professional development, and athletic equipment for our new outdoor fields and programs. Your investment plays an important role in advancing and imparting Catholic values to the next generation.

↓ Invest online through the button below. ↓

Extending support beyond the classroom at Catholic Central School

Embracing emotional resilience through our Rainbows for All Children program

At Catholic Central School we believe that fostering emotional resilience is as important as academic success. The commitment to creating an environment where every student feels seen and heard is supported through our **Rainbows for All Children** program, coordinated by our Art Teacher, Mrs. Vivian Giuliani.

Mrs. Giuliani is a trained facilitator and supports our students when they are facing stress and grief brought upon by separation, loss, divorce, death, deployment or other trauma.

Using a nationally recognized and evidence-based curriculum, the mission is to provide an environment for children who are braving the challenges of life. Different ages and grades express feelings in various ways and having the guidance of Mrs. Giuliani helps our students navigate through adversity using social-emotional and mindful activities, providing them time to process, develop, and heal.

Rainbows for All Children is an international, nonprofit organization that trains volunteers at community-based sites to lead structured, age-specific support groups for children 3-18 years old who are grieving as the result of an absent family member and/or following a community crisis. Since 1983, Rainbows facilitators have served over 3.5 million children helping them develop and strengthen problem-solving and coping skills, learn healthy ways to manage stress and anger, alleviate depression and anxiety, improve communication skills, and reduce emotional pain and suffering. For more information please visit: <https://rainbows.org/>.

CLASS NOTES!

News and updates from your fellow alumni.

CLASS OF 1968

Ron Davis is a religious brother. Ron was a teacher and administrator at CCHS from 1977-1988

CLASS OF 2006

Erica Kirkland Warner has worked in higher education and non-profits as a fundraiser for over 10 years. Erica is currently Director of Donor Relations and Stewardship for Maria College.

CLASS OF 2023

Grace Moore is attending University of Rhode Island majoring in communicative disorders. Grace is also on the URI Volleyball Club Team. Go Rams!



HIGH SCHOOL BOY PULLS GIRL FROM BENEATH TRAIN

Freshman at Troy Central
Catholic Rescued by
Fellow Student

Death beneath the wheels of a train at the Fulton street crossing of the Troy Union railroad would have been the fate of Miss Frances Schermerhorn, a freshman at the Troy Catholic Central High school yesterday afternoon, had not Harry Lee, a 16-year-old junior at the school reached under the train and dragged her clear of the rails a moment before she would have been caught.

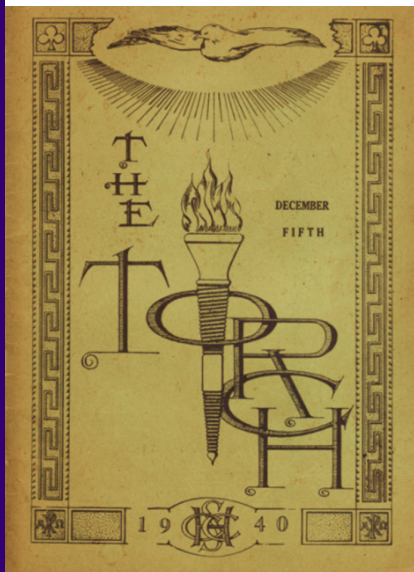
Miss Schermerhorn, Young Lee and a number of other Catholic High students, on their way home from school were held up at the Fulton street crossing by a long freight train which was at a standstill on the crossing.

After waiting a moment, several of the boys climbed over the coupling between two of the cars and started on their way. Young Lee did the same thing and the Schermerhorn girl, being unable to climb over the couplings, started to crawl under the train. As the Lee boy hopped clear of the train, the crossing tender shouted to the students to stand back as the train was about to move.

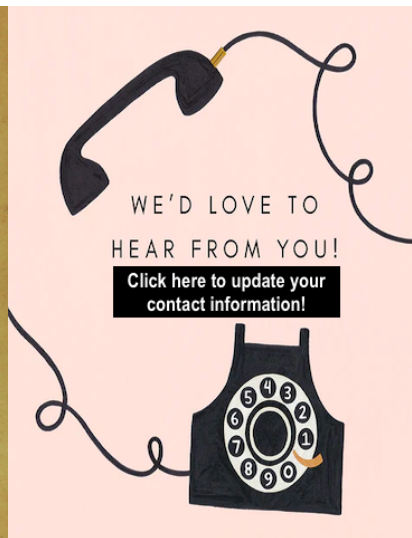
Miss Schermerhorn, at that time, was beneath the couplings between two of the freight cars. The engine started. There was a loud rumble through the length of the train as each car was jerked forward. The girl screamed.

The Lee boy dropped his books, seeing the plight of Miss Schermerhorn, ran back to the train and snatched her by the hand, pulled her clear of the tracks. She was uninjured.

Miss Schermerhorn is the daughter of Mr. and Mrs. Alexander J. Schermerhorn, of 583 Fourth street, Troy. The youth who saved her life will be 17 years old in February, and is the son of Mr. and Mrs. Henry L. Lee of 22 Winter street, Troy.



Sit back, relax and click on the image above to read
The Torch from
December of 1940.



WE'D LOVE TO
HEAR FROM YOU!

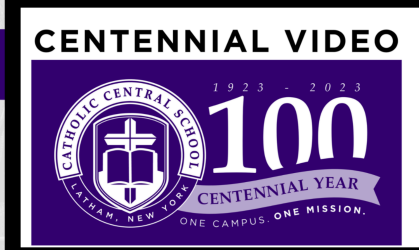
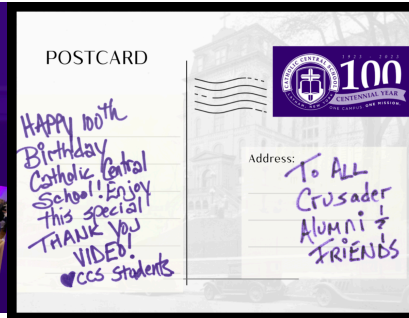
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contact information!](#)

Stay in touch and get involved
... we love hearing from our
alumni!
Please share this with your
fellow alumni so they can stay
in-the-know!



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Let's be
social!



INVEST IN CATHOLIC EDUCATION
AT
CATHOLIC CENTRAL SCHOOL!

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